

FLEX PLAN PARTICIPANTSNOTICE OF A CHANGE IN YOUR MEDICAL FLEXIBLE SPENDING
ACCOUNTEFFCTIVE JANUARY 1, 2011

Under the Patient Protection and Affordable Care Act and the Health Care and Education Act of 2010 includes a number of modifications to employee benefit programs.

One of those provisions, effective January 1, 2011, is the requirement for **over-the-counter** drugs, medicines and biologicals to be accompanied by a physician's prescription in order to be reimbursed under the flexible spending account.

Some of the **over the counter** items requiring a doctor's prescription are:

Acid controller	Digestive aids
Allergy & Sinus	Feminine anti – fungal/anti – itch
Antibiotic Products	Hemorrhoidal preps
Anti-diarrheals	Laxatives
Anti – Gas	Motion sickness
Anti – itch & insect bite	Pain relief
Anti – parasitic treatments	Respiratory treatments
Baby rash ointments/creams	Sleep aids & sedatives
Cold sore remedies	Stomach remedies
Cough cold & flu	

The following are examples of some of the **over the counter** items that will remain available without a doctor's prescription:

Band aids	Elastic bandages & wraps
Birth control	First aid supplies
Braces & supports	Insulin & diabetic supplies
Catheters	Ostomy products
Contact lens supplies & solutions	Reading glasses
Denture adhesives	Wheelchairs, walkers, canes
Diagnostic tests & monitors	

Please note, effective January 1, 2011, vitamins and supplements must be for the treatment of a medical condition and requires a doctors prescription indicating the diagnosis the doctor is treating.

If you have any questions please do not hesitate to contact our office. Missoula County Risk and Benefits, 200 West Broadway, Missoula, MT 59802, (406) 523-4876.