

# INVEST HEALTH

## Strategies for Healthier Cities

A Project of the Robert Wood Johnson Foundation  
and Reinvestment Fund

### Building A Healthier Missoula: Promoting Health Equity For All

November 16<sup>th</sup>  
7:30am-12pm

#### Breakout Session: Transportation

##### Action Items:

The members of each group voted on the top three action items. The additional items listed were also discussed during the breakout sessions.

- (1) Safe School Routes
- (2) Road diets: Hip strip 3 lane conversion
- (3) Engage youth for a civic plan to do a walking audit
- Focus on bus ridership outreach & safety
- Identify paths that people are taking (informal trails) in neighborhoods
- Neighborhood bus party: build a community with fun activities
- Improve lighting in underserved neighborhoods
- Seek dedicated funding for bike facilities (road & district)

##### Word Cloud:

During the breakout sessions, each group was asked to leave one word behind that came to mind when thinking about their topic. These are the words left behind in the transportation session.



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### Breakout Session: Healthy Food

#### Action Items:

The members of each group voted on the top three action items. The additional items listed were also discussed during the breakout sessions.

- (1) Double Snap at retail grocery stores
- (2) Implement gardening courses in elementary schools
- (3) Arrange transportation to affordable health food locations
- Sugar Tax
- Identify small-scale food deserts, and encourage vendors to provide healthier foods (through incentives)
- Food Bus (like an ice cream truck)

#### Word Cloud:

During the breakout sessions, each group was asked to leave one word behind that came to mind when thinking about their topic. These are the words left behind in the healthy food session.



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### Breakout Session: Recreation

#### Action Items:

The members of each group voted on the top three action items. The additional items listed were also discussed during the breakout sessions.

- (1) Joint school arrangements: open gyms
- (2) All access fieldhouse: sports, dance, ice rink, gyms, and multiuse spaces that are available all year round.
- (3) Seek funding for all access trails, benches, and fountains. (promotes mental health)
- (3) Determine/ inform outreach, future development, best practices
- Free bikes

#### Word Cloud:

During the breakout sessions, each group was asked to leave one word behind that came to mind when thinking about their topic. These are the words left behind in the recreation session.



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### Breakout Session: Quality Housing

#### Action Items:

The members of each group voted on the top three action items. The additional items listed were also discussed during the breakout session.

- (1) Mixed income, age & ownership demonstrate potential for success of different housing models
- (2) Census block level analysis & vacant public lands, identify spots for potential
- (3) Remove ADU restrictions ( *increased housing stock, increased vacancy rate, consider rental first, future to expand to homeownership*)
- Universal design for accessibility
- Asset mapping

#### Word Cloud:

During the breakout sessions, each group was asked to leave one word behind that came to mind when thinking about their topic. These are the words left behind in the quality housing session.



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### Breakout Session: Urban Forestry

#### Action Items:

The members of each group voted on the top three action items. The additional items listed were also discussed during the breakout session.

- (1) Find funding and implementation strategies
- (2) Education targeted at schools
- (3) Irrigation & pruning past planting
- Plant & maintain trees at rentals
- Assess need & planting locations
- Follow plans: U.F

#### Word Cloud:

During the breakout sessions, each group was asked to leave one word behind that came to mind when thinking about their topic. These are the words left behind in the urban forestry session.

