



# March free & low-cost Activity Calendar

www.5210missoula.com



Activities in blue are FREE and activities in Green are \$4 or less.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Parent Yoga</b> every Sunday, 4pm @ Peaceful Heart Yoga. Sliding fee starts at \$3. Kids welcome!</p>	<p><b>Free! Tiny Tales</b>, 10:30 am every M &amp; W, at the EmPower Place, and T, R &amp; F at Downtown Library.</p>	<p><b>Tiny Tales</b> @ Library</p>	<p><b>Free! All Abilities Yoga</b> every Wed., 4:15 - 5:15pm at BASE Missoula (725 West Alder, Suite 4) All abilities and all ages welcome!</p>	<p><b>Free! Lego Club</b> every Thursday, 3:30–5pm @ Library Children under 12 need an adult.</p>	<p>1 <b>Parent Yoga</b> every Friday, 10am @ Peaceful Heart Yoga. Sliding fee starts at \$3. Kids welcome!</p>	<p>2 <b>Free! Crafternoon Button Art</b> 11am - 1pm @ Fort Missoula Historical Museum</p> <p><b>Family Story Time</b></p>
<p>3 <b>Free! Family Storytime</b> every Saturday &amp; Sunday, 1:30 pm at Missoula Public Library</p>	<p>4 <b>Cheap Skate</b>, 2:45-4pm @ Glacier Ice Rink, \$4</p>	<p>5 <b>Tiny Tales</b> @ Library</p> <p><b>Free! Cooking Class: Irish Lasagna</b> 11am-1pm @ Missoula Food bank, Register online at <a href="http://missoulaclasses.com">missoulaclasses.com</a></p>	<p>6 <b>Baby Bistro</b> every Wednesday, 11am @ Missoula Food Bank</p> <p><b>All Abilities Yoga</b></p> <p><b>Tiny Tales</b> @ EmPower</p>	<p>7 <b>Iron Chef</b> 5:30-7 pm @ Missoula Food bank, Register online at <a href="http://www.missoulaclasses.com">www.missoulaclasses.com</a></p> <p><b>Free Admission</b> @ Insectarium</p>	<p>8 <b>Tiny Tales</b> @ Library</p> <p><b>Parent Yoga</b></p>	<p>9 <b>Kid's Fair</b> 10am-6pm @ Southgate Mall</p> <p><b>Women's Fair</b> 11am-4pm @ University of Montana-University Center</p>
<p>10 <b>Parent Yoga</b></p> <p><b>Family Storytime</b></p> <p><i>Sit down and eat dinner together as a family tonight.</i></p>	<p>11 <b>Tiny Tales</b> @ EmPower</p> <p><b>Free! Cooking Class: Chili &amp; Cheeseburger Macaroni</b> 5-7pm @ Missoula Food bank, Register online at <a href="http://www.missoulaclasses.com">www.missoulaclasses.com</a></p>	<p>12 <b>Tiny Tales</b> @ Library</p> <p><i>Try turning off all screens tonight for just 1 hour.</i></p>	<p>13 <b>Baby Bistro</b></p> <p><b>All-Abilities Yoga</b></p> <p><b>Tiny Tales</b> @ EmPower</p>	<p>14 <b>Lego Club</b></p> <p><b>Tiny Tales</b> @ Library</p>	<p>15 <b>Tiny Tales</b> @ Library</p> <p><b>Free! Pre-K Story Time</b> @ 10:30 am Missoula Public Library, every Friday.</p>	<p>16 <b>St. Patrick's Day Parade</b> 12pm @ Downtown Missoula</p> <p><b>Science Circus</b> 10am-2pm @ Big Sky High School</p>
<p>17 <b>International Festival</b> 12 pm @ University of Montana- University Center, Come explore the world with us!</p>	<p>18 <b>Cheap Skate</b></p> <p><b>Free! Cooking Class: Chicken Soup</b> 5-7pm @ Missoula Food bank, Register online at <a href="http://www.missoulaclasses.com">www.missoulaclasses.com</a></p>	<p>19 <b>Tiny Tales</b> @ Library</p>	<p>20 <b>Baby Bistro</b></p> <p><b>All-Abilities Yoga</b></p> <p><b>Tiny Tales</b> @ EmPower</p> <p><b>EMPower place</b> NOURISHING BODIES &amp; MINDS</p>	<p>21 <b>Feeding Predator Insects, Thursdays</b> at 3:30, Insectarium \$4 for 4 and up, <b>FREE</b> for those under 4 and with a SNAP card</p>	<p>22 <b>Feeding Predator Insects, Fridays</b> at 4pm, Insectarium \$4 for 4 and up, <b>FREE</b> for those under 4 and with a SNAP card</p>	<p>23 <b>Family Story Time</b></p> <p><b>Winter Market</b> 9am-1pm every Sunday @ Senior Center</p>
<p>24 <b>Start the week with plenty of sleep! Read before bed instead of TV or videogames.</b></p>	<p>25 <b>Tiny Tales</b> @ EmPower</p> <p><b>Free! Cooking Class: Chicken Pot Pie and Chili</b> 5-7pm @ Missoula Food bank, Register online at <a href="http://www.missoulaclasses.com">www.missoulaclasses.com</a></p>	<p>26 <b>Tiny Tales</b> @ Library</p> <p><i>Will you drink water or milk with dinner?</i></p>	<p>27 <b>Tiny Tales</b> @ EmPower</p> <p><b>Free Admission</b> @ Insectarium</p>	<p>28 <b>Lego Club</b></p> <p><b>Tiny Tales</b> @ Library</p>	<p>29 <b>Tiny Tales</b> @ Library</p> <p><b>Free! Pre-K Story Time</b></p>	<p>30 <b>Family Story Time</b></p> <p><b>Winter Market</b></p> <p>31 <b>Parent Yoga</b></p> <p><b>Family Storytime</b></p>

